

DANC: DANCE (DANC)

DANC 100. Foundations of Dance. (3 Credits)

An introduction to career options focusing on dance as education, performance, recreation and therapy- including the development of a dance portfolio. This course is offered online through Distance Education during the summer session. The course is offered as a hybrid course during the Fall and Spring.

DANC 101. Ballet I. (3 Credits)

Introduction to the basic concepts, movement and theory of ballet techniques.

DANC 102. Ballet II. (3 Credits)

Further studies in the concepts, movement and theory of ballet techniques. Prerequisites: DANC 100; DANC 101 or consent of instructor.

DANC 112. Yoga And Meditation. (2 Credits)

This class will explore the basic concepts, asanas/postures, and language of yoga and meditation. Class participants will be introduced to various yoga and meditation formats with an emphasis on alignment, anatomy, and physiology of the body. Each class will include a discussion, a 45-minute yoga practice and short meditation/relaxation practice.

DANC 201. Modern Dance I. (3 Credits)

An introduction to the concepts and disciplines of Modern Dance. The utilization of basic concepts in modern dance techniques and terminology will be the central focus of classroom instruction.

DANC 202. Modern Dance II. (3 Credits)

An intermediate introduction to the concepts and disciplines of Modern Dance technique and terminology.

DANC 203. Repertory. (3 Credits)

A study of dance compositions based on elements of dance styles as the performing arts. Laboratory problems with criticism and preparation problems in staging dance for the theater.

DANC 204. Repertory. (3 Credits)

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DANC 205. Repertory. (3 Credits)

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DANC 206. Repertory. (3 Credits)

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DANC 207. Repertory. (3 Credits)

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DANC 208. Repertory. (3 Credits)

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DANC 209. Repertory. (3 Credits)

A study of dance compositions based on elements of dance styles as the performing arts. Laboratory problems with criticism and preparation problems in staging dance for the theater.

DANC 210. Repertory. (3 Credits)

A study of dance compositions based on elements of dance styles as the performing arts. Laboratory problems with criticism and preparation problems in staging dance for the theater.

DANC 238. Dance Kinesiology. (3 Credits)

This course is an introduction to how the principles of anatomy and kinesiology affect movement in dance. Emphasis will be placed on the structure and function of the muscular and skeletal systems. Movement analysis, conditioning principles and injury prevention will also be covered.

DANC 250. Dance Conditioning. (3 Credits)

Introduction to the basic concepts, movement, and vocabulary of dance in combination with conditioning and toning exercises specifically for the dancer as an athlete in training. Aerobic dance activity, weightlifting, and toning of the muscles are included in the course activities. Dancer conditioning techniques such as Yoga, Pilates, Dunham, Horton, Martha Graham, et al. will be visited and revisited in various muscle conditioning and educational contexts.

DANC 251. Hist Dance & Black Experience. (3 Credits)

The focus of this course is on the development of evaluation and measurement skills used by teachers and administrators of physical education and dance throughout the nation. Major emphasis is placed on interpreting descriptive statistics and developing test construction techniques. Students are given many opportunities to administer physical performance tests and to acquire knowledge of different grading techniques.

DANC 301. Jazz Dance I. (3 Credits)

A basic introduction to build strength, flexibility, and endurance for execution of basic Jazz Dance concepts through floor exercises and combinations. Musicality in dance will be explored, and an understanding of proper body alignment and posture will be emphasized. There will also be an introduction to notable performers and some historical and cultural aspects of jazz through discussion and video observation.

DANC 302. Jazz Dance II. (3 Credits)

This course is designed to build strength, flexibility, and endurance for execution of intermediate-level Jazz Dance concepts through floor exercises and combinations. Musicality in dance will be explored, and an understanding of proper body alignment and posture will be emphasized. There will also be an introduction to notable performers and some historical and cultural aspects of jazz through discussion and video observation.

DANC 355. Directed Research. (3 Credits)

Structured research in dance presented as an undergraduate research publication or conference presentation.

DANC 378. Hist Of Danc & Black Experienc. (3 Credits)

An online survey course about dance history in America and the contributions of African Americans to historical and current trends in dance.

DANC 401. African/Caribbean Dance Forms. (3 Credits)

Online course covering the historical and socio-cultural implications that influence dance movements found in Africa, the Caribbean, and the Americas.

DANC 402. African/Caribbean Dance Forms. (3 Credits)

Intermediate to advanced movement sequences as well as socio-cultural implications that accompany traditional dances found in Africa and the Caribbean.

DANC 404. Somatic Movement And Theater. (3 Credits)

Interwoven interdisciplinary movement techniques exploring the interface of dance and drama. Includes dancing through mental imagery, interpreting stories, scripts, poetry, and techniques of improvisation and composition.

DANC 471. Internship Seminar. (1 Credit)

This course involves observation and practice of leadership in a supervised Dance organization. Students must investigate all aspects of potential sponsoring organizations, their expectations of internship, and how they can maximize their field experience toward professional growth.

DANC 472. Internship. (3 Credits)

prospective professional in Dance. Emphasis is on various individual and group opportunities in dance performances, involving theories, techniques, managerial tasks, administrative procedures, dance production, and working with individuals, in the surrounding community including, public schools, community centers, recreation centers, dance studios, and government facilities. Internship is designed to secure enriching experiences in all aspects of the dance profession that will enable students to grow personally and professionally in the field of dance.